

Readings for Sunday, August 18, 2024

Thirteenth Sunday after Pentecost (Year B)

Psalm 139

¹O LORD, you have searched me and known me.

²You know when I sit down and when I rise up; you discern my thoughts from far away.

³You search out my path and my lying down, and are acquainted with all my ways.

⁴Even before a word is on my tongue, O LORD, you know it completely.

⁵You hem me in, behind and before, and lay your hand upon me.

⁶Such knowledge is too wonderful for me; it is so high that I cannot attain it.

⁷Where can I go from your spirit? Or where can I flee from your presence?

⁸If I ascend to heaven, you are there; if I make my bed in Sheol, you are there.

⁹If I take the wings of the morning and settle at the farthest limits of the sea,

¹⁰even there your hand shall lead me, and your right hand shall hold me fast.

¹¹If I say, "Surely the darkness shall cover me, and the light around me become night,"

¹²even the darkness is not dark to you; the night is as bright as the day, for darkness is as light to you.

¹³For it was you who formed my inward parts; you knit me together in my mother's womb.

¹⁴I praise you, for I am fearfully and wonderfully made. Wonderful are your works; that I know very well.

¹⁵My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

¹⁶Your eyes beheld my unformed substance. In your book were written all the days that were formed for me, when none of them as yet existed.

¹⁷How weighty to me are your thoughts, O God! How vast is the sum of them!

¹⁸I try to count them—they are more than the sand; I come to the end—I am still with you.

¹⁹O that you would kill the wicked, O God, and that the bloodthirsty would depart from me—

²⁰those who speak of you maliciously, and lift themselves up against you for evil!

²¹Do I not hate those who hate you, O LORD? And do I not loathe those who rise up against you?

²²I hate them with perfect hatred; I count them my enemies.

²³Search me, O God, and know my heart; test me and know my thoughts.

²⁴See if there is any wicked way in me, and lead me in the way everlasting.

John 6:35, 41-51

³⁵Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

⁴¹Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." ⁴²They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" ⁴³Jesus answered

them, "Do not complain among yourselves. ⁴⁴No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. ⁴⁶Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷Very truly, I tell you, whoever believes has eternal life. ⁴⁸I am the bread of life. ⁴⁹Your ancestors ate the manna in the wilderness, and they died. ⁵⁰This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."